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ADAPTATION STRATEGIES: HOW TAIWANESE STUDENTS COPE WITH CULTURE SHOCK AT UNIVERSITAS NEGERI MALANG

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This study aims to explore the adaptation strategies used by Taiwanese students to cope with culture shock during their studies at Universitas Negeri Malang. Using a qualitative research approach, this research involves in-depth interviews with 20 Taiwanese students to gather insights into their experiences and challenges. The findings indicate that students employed various strategies to address culture shock, including seeking social support from local and international peers, participating in orientation programs, and engaging in cultural exchange activities. Additionally, many students emphasized the importance of improving their Indonesian language skills as a means to enhance communication and reduce feelings of isolation. Overall, this research contributes to understanding the unique challenges faced by Taiwanese students in a foreign academic environment and highlights effective strategies to enhance their adaptation and well-being. The findings are expected to inform university policies and support services aimed at assisting international students in their transition to a new cultural and educational context.

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