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To study the causal relationship between ghosting and loneliness

Relationships are extremely difficult and since humans are social creatures we need to have fulfilling relationship for our well-being and mental health.

The aim of the study is to find the causal relationship between ghosting and loneliness

The current study looks at how ghosting can bring about loneliness in emerging adults from the age of 18 years to 29 years, A sample of 101 couples was taken. The data was collected from couples who were in a relationship for more than a year, the sample was chosen through snow ball technique and the two questionnaire was administered.

The GHOST scale, which evaluates experiences of ghosting, and the Perceived Loneliness Scale, which gauges emotions related to loneliness, Data was analysed by SPSS, Results show an existence of positive correlation of ($r = .547$, $p < .001$) between ghosting and perceived loneliness.

The current study has a larger implication about the effects of how technology how ever advantageous can bring in a lot of negativity and feelings of isolation and loneliness.

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